
*Guide to Cape May County
Behavioral Health
&
Court Services
For
Children
Youth
&
Families*

Cape May County Department of Human Services

Phone: 609-465-1055

Updated March 2023

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Children/Youth/Family Services Directory:

Target Service Area: Crisis

Provider Name: AtlantiCare Behavioral Health

Program Name: Mobile Response and Stabilization Services (MRSS)

Location Where Services Are Delivered: Cape May County – Service provided at the clients home.

Provider Contact Information: Phone: 1-877-652-7624

Funder: DCF – No Fee

Population Served: Youth

Brief Description of Service: Mobile Response and Stabilization Services are available 24 hours a day, seven days a week, to help children and youth who are experiencing emotional or behavioral crises. The services are designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation (such as a foster home, treatment home or group home) in the community.

Provider Name: Acenda Integrated Health

Program Name: Emergency Screening Program

Location Where Services Are Delivered: Cape Regional Medical Center
2 Stone Harbor Boulevard
Cape May Court House, NJ 08210

Funder: DHS – No charge for screening. Charges may be issued for ER visits

Provider Contact Information: HOTLINE: (609) 465-5999

Population Served: All

Brief Description of Service: Mental Health screening for those who are a danger to themselves and others and for whom inpatient treatment maybe needed. Available 24/7.

Provider Name: Department of Children and Family/Division of Child Protection and Permanency

Program Name: Child Abuse and Neglect Hotline

Location: New Jersey

Funder: DCF

Provider Contact Information: 1-877-NJABUSE (1-877-652-2873)

Brief Description of Service: Hotline Call In Number when child abuse and/or neglect is suspected.

Target Service Area: Mental Health Services

Provider Name: Acenda Integrated Health

Program Name: Counseling and Wellness Centers, providing Individual and Family Therapy

Location Where Services Are Delivered: 128 Crest Haven Road
Cape May Court House, NJ 08210

Provider Contact Information: 844-422-3632
Outpatient & Recovery Services

Funder: DHS, County, Self Pay, Insurance

Population Served: Children, Youth and Families

Brief Description of Service: Full range of mental health outpatient services such as family, individual and group therapy. Also a Board Certified Child Psychiatrist and medication monitoring service are available.

Provider Name: Jewish Family Services

Program Name: Cape May Trauma Treatment

Location Where Services Are Delivered: 1129 S. Route 9
Cape May Courthouse, NJ 08210

Provider Contact Information: Phone: (609) 822-1108

Funder: DCF

Referral Source: Families and professionals serving youth including DCPD and Mobile Response

Population Served: Residents of Cape May County ages 17 years old and under

Brief Description of Service: Trauma Treatment of youth residents of Cape May County. Therapists are trained in Trauma Focused-Cognitive Behavior Therapy (TF-CBT), which is an evidence-based treatment model aimed to assist children who demonstrate behavioral or emotional disruptions following a traumatic event. Therapists develop individualized treatment plans and use other strategies, such as play therapy, when appropriate. Therapists are trained in Parent Management Training (PMT), which is an evidence-based model for assisting parents in managing difficult or defiant behaviors in children. This can be used in conjunction with trauma treatment due to the high incidents of youth impacted by trauma having behavioral disruptions.

Provider Name: Nancy Crafts Counseling

Program Name: Nancy Crafts Counseling Services

Location Where Services Are Delivered: 223 S. Main Street
Cape May Court House, NJ 08210

Provider Contact Information: (609) 465-7788

Funder: Most Insurances and Self pay (does not take Medicaid)

Population Served: Adults, Children and Adolescents (age 6+)

Brief Description of Service: Counseling services addressing the following issues: mental health, drug and alcohol, couples and marriage, domestic violence, anger management, and life skills. With regard to drug and alcohol services, program provides Level One drug and alcohol counseling which provides one individual session weekly.

Provider Name: Families Matter

Program Name: Families Matter Comprehensive Behavioral Health & Bi-lingual Counseling Services

Location Where Services Are Delivered: 899 Bayshore Road
Villas, NJ 08251

Provider Contact Information: (609) 886-8666
877-733-0400

Funder: Insurance, self pay with sliding scale, fee for service, Medicaid, and contracts.

Population Served: All ages with mental health, behavioral health, co-occurring, and substance abuse issues.

Brief Description of Service: Program provides comprehensive behavioral health services to the community. All services are offered in English and Spanish. Services include psychiatric evaluations for adults and children, mental health and substance abuse group and individual treatment, Intensive Outpatient Program with focus on co-occurring substance abuse and mental health disorders. *THRIVE* Youth Substance Abuse Treatment Program (offered at no charge) and supervised parent/child visitation, risk assessments, mental health and substance abuse, and psychological evaluations.

Provider Name: Cape Atlantic Integrated Network for Kids I.N.K.

Program Name: Cape Atlantic Integrated Network for Kids, I.N.K.

Location Where Services Are Delivered: 1413 Cantillon Blvd
Mays Landing, NJ 08330

Provider Contact Information: (609) 829-2038

Funder: DCF – PerformCare determines eligibility (1-877-652-7624)

Population Served: Youth who are eligible for services through PerformCare are primarily between the ages of 5 and 21 (up to his or her 21st birthday), reside in the State of New Jersey and have an emotional or serious mental health or behavioral need. Special consideration for services is given to children under the age five. The services recommended are authorized without regard to income, private health insurance, or eligibility for Medicaid/NJ FamilyCare or other health benefits programs. When your child is registered for services at PerformCare, parent/caregiver will be asked to provide details about your insurance coverage. As of July 1, 2012, services currently provided to children and youth with developmental disabilities by the NJ Department of Human Services' Division of Developmental Disabilities (DDD) were transferred to DCF. (For questions about or to access services for children with developmental disabilities, call 1-800-823-9173.

Brief Description of Service: Cape Atlantic I.N.K., a Care Management Organization (CMO) is an agency that provides a full range of treatment, transition, and support services to children with the most complex needs. The program works with child-family teams to develop Individualized Service Plans (ISP). Care management services are delivered in the youth/young adult's home, community or a location preferred by the family. Cape Atlantic I.N.K. is a broker of services connecting families with services to meet their identified needs as outlined in the CFT. The goal of Cape Atlantic I.N.K. Wraparound care management services is to keep youth successfully in their home, in school and successful in their communities. Treatment is always be delivered in the least restrictive setting.

Provider Name: Bridge Wellness Center

Program Name: Individual and Family Therapy

Location Where Services Are Delivered: 507 Rt 9 South
Marmora, NJ 08223

Provider Contact Information: 609-840-6034

Funder: Insurance and Private Pay. Fees vary by therapist.

Population Served: All

Brief Description of Service: Individual therapy; Counseling and Life Coaching for adults; Children and Adolescent specializations; Family Counseling; Couple and Marriage Counseling; Group Therapy, Self Help Groups. Provides other holistic services to compliment traditional counseling, such as massage, reiki, yoga, breathwork, etc.

Provider Name: Cooperative Care

Program Name: Mental Health Services

Location Where Services Are Delivered: 1076 –1078 Rt 47 S
Rio Grande, NJ 08242

Provider Contact Information: (609)-741-6363

Funder: Insurance, self-pay, sliding scale

Referral source: Self

Population Served: Youth, Adults, and Families

Brief Description of Service: Multi-specialty mental health agency offers individual, family, couples and group psychotherapy for children, adolescents, teens and adults.

Provider Name: Acenda Integrated Health

Program Name: Youth Outreach Services

Location Where Services Are Delivered: Services are delivered in the youth's home & in the community.

Office location: 1046 B Route 47, Rio Grande, NJ 08242

Provider Contact Information: 844-422-3632

Funder: DCF – No Fee

Population Served: Youth referred through PerformCare. Any parent can call PerformCare at 1-877-652-7624 and request services.

Brief Description of Service: **IIC Services:** Intensive In-Community Masters level individual and family therapy. **BA Services:** Behavioral Assistants under guidance of a behavioral health treatment plan created by an IIC provider.

Provider Name: Acenda Integrated Health

Program Name: Functional Family Therapy Program

Location Where Services Are Delivered: Services are delivered in the youth's home.
Office location is: 1046 B Route 47
Rio Grande, NJ 08242

Provider Contact Information: 844-422-3632

Funder: DCF – no fee

Referral source: Courts, MRSS, DCP&P, Schools, UCMO, Families can also self-refer

Program Name: Functional Family Therapy Program

Program Name: Functional Family Therapy Program continued

Population Served: Youth and their families residing in Cape May or Atlantic Counties who are either involved with the legal system in some capacity or any youth whom are at high risk of having legal involvement.

Brief Description of Service: An evidenced-based 12 week family therapy intervention focused on engagement, empowerment, behavioral change, and generalization to all areas of the family's functioning. Program can be extended beyond 12 weeks if necessary. Case Management services are also provided.

Provider Name: Acenda Integrated Health

Program Name: Youth Partial Care

Location Where Services Are Delivered: 128 Crest Haven Road
Cape May Court House, NJ 08210

Provider Contact Information: 844-422-3632

Funder: DCF, insurance, private pay, Medicaid

Population Served: Cape May County youth with an Axis I psychiatric diagnosis

Referral Source: Family, Schools, Self, Courts, Agencies

Brief Description of Service: Individual, group, family, and milieu therapy, psychiatric medication monitoring. Board Certified Child Psychiatrist on staff. After-school program (2:15pm to 7:00 pm) services Younger group (ages 8-12) and Older group (ages 13-18). Summer hours are during the day.

Provider Name: Acenda Integrated Health

Program Name: School-Based Youth Services

Location Where Services Are Delivered: Lower Cape May Regional High School
687 U.S. 9 Cape May, NJ 08204

Provider Contact Information: 844-422-3632

Funder: DCF

Population Served: Lower Cape May High School and Middle School students and alumni

Brief Description of Service: Recreation, vocational counseling, medical advocacy, brief mental health and/or substance use referral and linkage.

Provider Name: Acenda Integrated Health

Program Name: School-Based Youth Services

Location Where Services Are Delivered: Cape May County Technical High School
188 Crest Haven Road
Cape May Court House, NJ 08210

Provider Contact Information: 844-422-3632

Funder: DCF

Population Served: Cape May County Technical High School students and alumni

Brief Description of Service: Recreation, vocational counseling, medical advocacy, brief mental health and/or substance use referral and linkage.

Provider Name: Acenda Integrated Health

Program Name: Family Preservation Services

Location Where Services Are Delivered: Services are delivered in the family's home.

Office location is:
1046 B Route 47
Rio Grande, NJ 08242

Provider Contact Information: 844-422-3632

Population Served: Families referred by the Division of Child Protection & Permanency (DCP&P) who have experienced issues of child abuse or neglect, and in which placement of child is imminent.

Brief Description of Service: Intensive, in-home behavioral intervention and parenting program, advocacy, referral and linkage to other services as needed.

Referral Source: DCP&P

Provider Name: Acenda Integrated Health

Program Name: Life Skills Coaching Program

Location Where Services Are Delivered: Services are delivered in the youth's community.

Office location is: 1046 B Route 47
Rio Grande, NJ 08242
844-422-3632

Provider Contact Information:

Funder: DCF – No Fee

Population Served: Cape May Youths, ages 16 ½ to 21 years

Referral Source: Self, Family, Schools, Social Services Agencies, Courts

Brief Description of Service: Life Skills Coach administers the Ansell-Casey Life Skills Assessment, provides 1-on-1 coaching and teaching of identified life skills needed.

Provider Name: Acenda Integrated Health

Program Name: Pettiroso and Mantello

Location Where Services Are Delivered: Sewell and Glassboro

Provider Contact Information: 844-422-3632

Funder: DCF – No Fee

Population Served: Youth from anywhere in the state of New Jersey, with an DSM Axis I psychiatric diagnosis, needing an intensive level of supervision.

Referral Source: – PerformCare, in patient hospitals, or CMO services.

Brief Description of Service: Self-contained residential program providing individual, group, family, and milieu therapy, psychiatric medication monitoring; medical and educational services. Average length of stay is 6 months.

Provider Name: Cape Assist

Program Name: Individual and Family Counseling for Co-Occurring disorders

Location Where Services Are Delivered: 3819 New Jersey Avenue
Wildwood, NJ 08260

Provider Contact Information: (609) 522-5960

Funder: Self pay, insurance, grant funding for indigents.

Population Served: Individuals aged 18 years and up

Brief Description of Service: Anger management counseling, stress management, couples/marital counseling, family therapy and parenting issues counseling.

Provider Name: Atlantic Cape Family Support Organization

Program Name: Peer Support/Youth Partnership

Location Where Services Are Delivered: Scattered Sites – At the Residence of the Family

Provider Contact Information: 950 Tilton Road, Suite 108
Northfield, NJ 08225
(609) 485-0575

Funder: DCF – No Fee

Population Served: Families with children who have emotional, behavioral, mental health as well as developmental challenges.

Referral Source: Any family experiencing the description above are able to self-refer ; Care Managers from the Care Management Organization, Cape Atlantic I.N.K.

Brief Description of Service: Support, education and advocacy for families served in support meetings and over the telephone. Families referred by Cape Atlantic I.N.K. are afforded individual services.

Target Service Area: Domestic Violence Services

Provider Name: Coalition Against Rape and Abuse, Inc.

Program Name: Residential and Non-Residential Domestic Violence Services

Location Where Services Are Delivered: Cape May Court House, NJ (exact location is confidential)

Provider Contact Information: P.O. Box 774
Cape May Court House, NJ 08210
(609) 522-6489

Population Served: Women, men and children that are victims of domestic violence or have been exposed to domestic violence.

Brief Description of Service: Domestic violence shelter, transitional housing, individual and group counseling (including children's counseling), community education, non-court ordered men's group, free legal representation, 24/7 victim support, hotline and food bank services.

Target Service Area: Services/Programs for Court Involved Youth

Provider Name: Cape Assist

Program Name: Impact 6

Location Where Services Are Delivered: 3819 New Jersey Avenue or virtual
Wildwood, NJ 08260

Provider Contact Information: (609) 522-5960

Funder: JJC

Youth referred by the court system or police department as first-time juvenile offenders with minor offenses. The early intervention aims to deter youth from continuing their negative behavior and progressing further into the juvenile justice system. Program is also available to schools.

Referral Source: Local police, Family Court (Program is also available to schools).

Brief Description of Service: Four-to-six-hour juvenile diversion program

Provider Name: Cape Assist

Program Name: Strengthening Families

Location Where Services Are Delivered: Program delivered in various locations or virtual

Provider Contact Information: (609) 522-5960

Funder: JJC, Other

Referral Source: Voluntary program for Families

Population Served: Families with children ages 10 to 14

Brief Description of Service: Training program that provides family skills to families of youth 10-14 years old. Parents and children/youth attend multiple sessions— together and apart. Dinner is served. Follow up session is provided.

Provider Name: Acenda Integrated Health

Program Name: Intensive Supervision Program

Location Where Services Are Delivered: 1129 Route 9 South
Cape May Court House, NJ 08210

Provider Contact Information: 844-422-3632

Funder: JJC

Population Served: Pre and Post Dispositional youth who are referred to the program by the Courts.

Brief Description of Service: The program provides varying levels of supervision (including electronic monitoring) via phone and face to face contacts with the juveniles and their families, and collateral contacts with relevant agency, school, court, and municipal representatives. The electronic monitoring level includes 24 hour a day, seven (7) days a week electronic monitoring.

Provider Name: Cape May County Probation and Cape Assist

Program Name: Probation Enrichment, Incentive, Orientation Program (POPS)

Location: 9 North Main Street
Cape May Court House, NJ 08210

Provider Contact Information: (609) 402-0100

Funder: Cape May County Council on Juvenile Justice System Improvement Innovations Grant

Population Served: Youth involved with Probation

Referral Source: Brief Description of Service: Program consists of multiple components including family engagement, enrichment activities, incentives, and probation orientation to facilitate the successful completion of probation conditions.

Provider Name: Jersey Cape Diagnostic Training and Opportunity Center

Program Name: Pathways to Employment

Location Where Services Are Delivered: Employment Services Network
1121 Route 47 South, Unit 7 & 8
Rio Grande, NJ 08242

Provider Contact Information: (609) 465-4117 jerseycape.org

Population Served: Available to the following referral sources: Probation, Family Court, Referee Court, CMO Court Involved Youth, FSO Court Involved Youth, and Intensive Supervision program. This program is offered on a voluntary basis. The target population's age range is 14-21 years old.

Brief Description of Service: Participants receive work readiness training and guidance to help them develop the knowledge, skills, and attitudes needed to become productive members of society.

Target Service Area: Substance Abuse Treatment and Recovery

Provider Name: Acenda Integrated Health

Program Name: Recovery Services

Location Where Services Are Delivered: 128 Crest Haven Road
Cape May Court House, NJ 08210

Provider Contact Information: 844-422-3632

Funder: Medicaid, FFS Initiatives, Private Insurance, Self-Pay, SPB, DCF, Recovery Court

Population Served: Adults (male and female),

Brief Description of Services: Recovery Services Department provides treatment for substance affected individuals to meet all levels of Outpatient Care needs through the provision of individual, group, and Intensive Outpatient Services treatment. The CHOICES Intensive Outpatient Program provides treatment for women with children under age 17, IOP services including covering daycare for children while the mothers are in IOP, case management services, transportation, weekly parenting skills, and a trauma informed curriculum. Transportation is provided for all IOP clients if needed. Recovery Case Management is available to assist with screening and referral for inpatient detoxification and residential treatment and supportive services as indicated. Providing clients with information about community services that supports client's recovery as well as recovery peer support. Services are provided Monday through Thursday, 8AM to 8:30PM, and Friday 8AM to 5PM.

Provider Name: Cape Assist

Program Name: Counseling Services

Location Where Services Are Delivered: 3819 New Jersey Avenue
Wildwood, NJ 08260

Provider Contact Information: (609) 522-5960

Funder: Self Pay, Insurance, Grant Funding for Indigents

Population Served: Individuals age 18 and Up

Brief Description of Service: Treatment for substance affected individuals to meet all levels of outpatient care through the provision of individual, group, and Intensive Outpatient Services.

Provider Name: Families Matter

Program Name: Families Matter Comprehensive Behavioral Health & Bi-lingual Counseling Services

Location Where Services Are Delivered: 899 Bayshore Road
Villas, NJ 08251

Provider Contact Information: (609) 886-8666
877-733-0400

Funder: Insurance, self pay with sliding scale, fee for service, and contracts.

Population Served: All ages with mental health, behavioral health, co-occurring, and substance abuse issues.

Brief Description of Service: Program provides outpatient substance abuse and co-occurring treatment services, psychiatric evaluation and medication monitoring. Substance abuse assessments are available for adults and adolescents.

Provider Name: Nancy Crafts Counseling

Program Name: Drug/Alcohol Treatment Program

Location Where Services Are Delivered: 223 S. Main Street
Cape May Court House, NJ 08210

Provider Contact Information: (609) 465-7788

Funder: Insurance and self pay

Population Served: Young Adults and Adults

Brief Description of Service: Program provides prevention, family and individual and aftercare treatment for substance abuse. IDRC evaluations and urine testing is available.

Provider Name: Cooperative Care

Program Name: Addiction Services

Location Where Services Are Delivered: 1076 –1078 Rt 47 South
Rio Grande, NJ 08242

Provider Contact Information: (609)-741-6363

Funder: Insurance, self pay, and sliding scale

Referral source: Community referral sources such as Recovery Court, Probation, SPB, DCP&P (Division of Child Protection & Permanency) along with self-referrals.

Population Served: Adults and Families

Brief Description of Service: Multi-specialty behavioral health agency offers Outpatient, and Intensive Outpatient Treatment services to people with substance use disorders and co-occurring disorders. Individual sessions, group sessions, along with family sessions are available. Cooperative Care offers MAT (Medication Assisted Treatment) including Vivitrol, Suboxone and Sublocade with the associated counseling services. Also available are Psychiatric evaluations and medication monitoring for individuals who have co-occurring substance use and mental health disorders.

Target Service Area: Volunteer Support Organizations

Provider Name: Parent to Parent

Program Name: Support Services

Location Where Services Are Delivered: In homes and other community settings

Provider Contact Information: Phone: 609 374-2526
Email: tahern1128@aol.com

Funder: Volunteer Organization

Population Served: Parents and family members of those affected by Substance Use Disorder

Brief Description of Service: Services range from confidential consultations, resource information, parent support and treatment planning, advocacy to access treatment, case management including contact with the Courts to appeal for treatment not incarceration, community education and workshops, crisis intervention, and support groups for parents and loved ones.

Provider Name: The Lighthouse Church

Program Name: CURE: Christians United for Recovery

Location Where Services Are Delivered: 1248 Rt 9 South
Cape May Court House, NJ 08210

Provider Contact Information: (609) 778-2009 or cureministry@gmail.com

Funder: Volunteer –Community Oriented Organization comprised of volunteers across the county and various Christian Churches

Population Served: Anyone living with addiction or those who love someone living with addiction or have experienced the effects of addiction in their home.

Brief Description of Service: CURE is an addiction-recovery ministry of The Lighthouse Church in Cape May Court House. CURE is a clearinghouse of resources and information for those living with addiction and those who love them. CURE also offers weekly support groups and classes for anyone affected by addiction. Services provided to individuals and loved ones are free.

Target Service Area: Transitional Living Services for Youth Leaving Foster Care

Provider Name: Acenda Integrated Health

Program Name: Evolutions (Youth Supportive Housing)

Location Where Services Are Delivered: Channel Apartments
3910 Bayshore Road North Cape May, NJ 08204

Provider Contact Information: 844-422-3632 x 2039

Population Served: Aging out and/or homeless individuals ages 18 through 21 (must move out prior to 21st birthday). Program capacity is 2 males and 2 females.

Brief Description of Service: Semi-supervised apartment in which clients will share a two bedroom apartment at a designated location and will be assigned a Supportive Housing Case Manager. Service topics include but are not limited to: life skills, appropriate coping mechanisms, ADL's, budgeting, food shopping, meal preparation, etc. Clients must attend school and/or maintain independent community employment or involve themselves in a structured community activity.

Provider Name: Center for Family Services

Program Name: Oasis Youth Shelter

Location Where Services Are Delivered: 151 Crest Haven Road
Cape May Court House, NJ 08210

Provider Contact Information: (609) 465-5045

Referral Source: DCP&P, Cape Atlantic I.N.K. CMO, AtlantiCare Mobile Response, and Cape May County Family Court

Population Served: Youth between the ages 10 and 18 years referred to the Shelter by an approved admitting agency.

Brief Description of Service: The Youth Shelter provides short-term out-of-home placement in a non-secure setting to youth who are experiencing family problems, are victims of abuse and/or neglect, or are charged with minor acts of delinquency. The placement allows various social service providers, the youth and the family an opportunity to participate in the development of a plan to address the presenting problem and, in many cases, provides a longer-term treatment and rehabilitation strategy.

Provider Name: Center for Family Services

Program Name: Tranquility House Supervised Transitional Living Program (for females)

Location Where Services Are Delivered: 151 Crest Haven Road
Cape May Court House, NJ 08210

Provider Contact Information: (609) 465-5045

Referral Source: DCP&P for six beds; Self/CMO/School/Parent for one homeless bed

Population Served: Females ages 16 to 20, who have an open DCP&P case, and/or females ages 18-20 with no agency involvement and considered homeless

Program Name: Tranquility House Supervised Transitional Living Program (for females)

Brief Description of Service: Tranquility House is a supervised transitional living program for females (STLP) that offers a community-based alternative for older female youth needing preparation for independent living. The program is most suited for adolescents who can be reasonably expected to reach future independent living with a minimum IQ of 80 and are willing to commit to case management, earning increments of unsupervised passes through following program policies, individual and group counseling, educational and/or vocational training, and employment or volunteer work to enhance their ability to be self-sufficient.

Provider Name: Coalition Against Rape and Abuse, Inc.

Program Name: Residential and Non-Residential Domestic Violence Services

Location Where Services Are Delivered: Cape May Court House, NJ (exact location is confidential)
P.O. Box 774

Provider Contact Information: Cape May Court House, NJ 08210
(609) 522-6489

Population Served: Women, men and children that are victims of domestic violence or have been exposed to domestic violence (including aging-out victims of abuse).

Brief Description of Service: Domestic violence shelter, transitional housing, individual and group counseling (including children's counseling), community education, non-court ordered men's group, free legal representation, 24/7 victim support, hotline and food bank services.

Target Service Area: Family Support Services

Provider Name: Acenda Integrated Health

Program Name: Shore Family Success Center of Cape May County

Location Where Services Are Delivered: 1046 B Route 47
Rio Grande, NJ 08242

Provider Contact Information: (609) 778-6226

Funder: DCF – No Fee

Population Served: Any resident of Cape May County.

Brief Description of Service: The Family Success Center (FSC) is a neighborhood gathering place, where any community resident can go for support, information, and services. The FSC provides an array of services, such as: information and referrals; family success planning; advocacy; access to information on child, maternal, and family health services; parent education; parent-child activities; Life Skills training; economic related services; housing-related services; and home visiting for family engagement.

Provider Name: Acenda Integrated Health

Program Name: Therapeutic Visitation Services (TVS), Family Ties (FT), Creative Visitation (CV) and Supervised Visit (SV)

Location Where Services are Delivered: In office, in community, Acenda visit rooms, in-home.

Provider Contact Information: Intake Coordinator, Christine Sexton – 844-422-3632 x2067

Funder: DCP&P

Population Served: DCP&P involved parents from Cape May Local Office whose children (birth to 18) are in an out of home placement and in the legal custody of the State. *SV accepts DCP&P involved cases with children not in the primary custody of the Division.

Referral Source: DCP&P Case Worker

Brief Description of Service: A continuum of visitation services for families referred by Cape May County DCP&P. Services include transportation of the children to and from visits with their biological parent(s), supervision of visits, and documentation of each visit. Visitation services range from fully supervised visitation to therapeutic progressive visitation. Visit coaching is used during visits to give parents feedback and ensure safety in visits. Post reunification services are offered in some programs when reunification is obtained. Visits can occur in DCP&P office, Acenda visit rooms, community and/or in-home.

Provider Name: Cape Assist

Program Name: KARE Center

Location Where Services Are Delivered: 3819 New Jersey Avenue
Wildwood, NJ 08260

Provider Contact Information: (609) 522-5960

Population Served: Youth residing in Wildwood in grades K-3rd

Brief Description of Service: Life skills program for youth

Provider Name: Cape Assist

Program Name: Strengthening Families

Location Where Services Are Delivered: Program delivered in various locations or virtual

Provider Contact Information: (609) 522-5960

Funder: Other

Referral Source: Voluntary program for Families

Population Served: Families with children ages 3 to 14

Brief Description of Service: A family management program targeting the prevention of substance abuse

Parents and children/youth attend multiple sessions– together and apart. Dinner is served. Follow up session is provided.

Provider Name: Caring for Kids (CFK)

Program Name: Parents as Teachers In-Home Visitation Program

Location Where Services Are Delivered: At the residences of the families enrolled in the program; classes are also given at CFK offices: 31 E. Mechanic Street, Cape May Court House, NJ 08210

Provider Contact Information: (609) 675-5400 ; (609) 408-5220

Funder: DCF– No fee

Population Served: Families with children pre-natal through 5 years of age

Brief Description of Service: The Program provides community education and partnership, parenting classes, personalized in-home visitation and other concrete support services. CFK offers child development/health screenings with remediation and follow-up; monthly Family Time meals, programs, and bi-monthly Toddler Time programs all as part of our Parents as Teachers curriculum. Caring for Kids also offers a food pantry on Tuesdays and Thursdays from 10:00 am to 2:00 pm.

Provider Name: Cape May County Division of Social Services

Program Name: County Welfare Agency

Location Where Services Are Delivered: 3801 Rt. 9 South, Unit 4
Rio Grande, NJ 08242

Provider Contact Information: (609) 886-6200

Population Served: Adults and families residing in the County of Cape May

Brief Description of Service: Responsible for administering State and Federal Assistance Programs. Economic and social services are available to individuals and families residing the County of Cape May based on eligibility criteria. Programs offered include Temporary Assistance to Needy Families (TANF), General Assistance (GA), Supplemental Nutrition Assistance Program (SNAP– formerly Food Stamps), Adult and Family Medicaid programs, Emergency Assistance, and non-custodial parent locate services through the Child Support Unit.

Provider Name: Catholic Charities

Program Name: Family and Community Service Center

Location Where Services Are Delivered: Village Shoppes
1304 Route 47 South,
Rio Grande, NJ 08242

Provider Contact Information: (609) 886-2662

Population Served: Low Income and Income Qualified Households

Brief Description of Service: Program provides rent and utility (electric and gas) assistance when funds are available. Program services also include a food pantry and information/referral and advocacy.

Provider Name: Family Promise of Cape May County

Program Name: Family Promise

Location Where Services Are Delivered: 505 Townbank Road
North Cape May, NJ 08204

Provider Contact Information: familypromisecmc.org

Population Served: Homeless families in the County of Cape May

Brief Description of Service: Program is designed to help families who are experiencing homelessness. A non-traditional sheltering program that only accepts families with children. A network of faith-based organizations and over 1,000 volunteers provide temporary housing and meals for up to 3 families at a time.

Provider Name: Rutgers Southern Regional Child Care Resource & Referral Agency

Program Name: Child Care Subsidy/Resource and Referral

Location Where Services Are Delivered: Office Location:
3801 Rt. 9 South Suite 11
Rio Grande, NJ 08242

Provider Contact Information: (609) 898-5500

Population Served: Low Income, TANF and General Public, Family Child Care Sponsor

Brief Description of Service: Program serves the stated populations in accessing child care through subsidy programs in the County of Cape May. The program offers resource and referral services to help parents locate appropriate, affordable child care and recognize quality indicators. The program uses Strengthening Families Protective Factors in working with child care centers and families to reduce abuse and neglect.

Provider Name: Atlantic Cape Family Support Organization

Program Name: Peer Support/Youth Partnership

Location Where Services Are Delivered: Scattered Sites – At the Residence of the Family

Provider Contact Information: 950 Tilton Road, Suite 108
Northfield, NJ 08225
(609) 485-0575

Funder: DCF – No Fee

Population Served: Families with children who have emotional, behavioral, mental health as well as developmental challenges.

Referral Source: Any family experiencing the description above are able to self-refer and Care Managers from the Care Management Organization, Cape Atlantic INK.

Brief Description of Service: Support, education and advocacy for families served in support meetings and over the telephone. Families referred by Cape Atlantic INK are afforded individual services.

Provider Name: Acenda Integrated Health

Program Name: Healing Hearts and Minds

Location Where Services Are Delivered: In home (Cape May, Ocean, and Atlantic Counties)

Provider Contact Information: 856- 725- 9126

Funder: Federal Grant- free services

Population Served: Parents with children 17 or younger with recent or current substance use.

Referral Source: any referral source

Brief Description of Service: HHM provides free in-home family therapy services provided by licensed therapists and counselors. Substance use, mental health, parenting, and wellness are some of the topics covered. Peer recovery specialist's services are available as well as a virtual seeking safety support group. Therapy can include other family members. HHM will aim to collaborate and network with other systems and can be an additional support for parents in recovery.

Provider Name: Puerto Rican Action Committee (PRAC) of Southern NJ

Program Name: Puerto Rican Action Committee

Location Where Services Are Delivered: Regional office

3801 Route 9 South, Unit 12B

Rio Grande, NJ 08242

Provider Contact Information: (609) 861-5800

Population Served: Spanish/Bi-lingual

Brief Description of Service: PRAC provides a wide array of case management services. The program assists in resolving client issues including health care management, employment needs, translating services, housing services, referral services, along with transportation services.

Provides applications to income qualified households for Low Income Energy Assistance (LIHEAP) that helps families and individuals with their energy bills (includes: electric, natural gas, oil and other deliverable fuels.) and for Universal Service Fund (USF) that helps low-income households pay for their electric and natural gas costs.

Provider Name: O.C.E.A.N. Inc.

Program Name: Home Energy Assistance Program

Location Where Services Are Delivered: 2 West Glendale Avenue

Pleasantville, NJ 08232

Provider Contact Information: (609) 677-8202

Population Served: Income eligible residents

Brief Description of Service: LIHEAP and USF (Low Income Home Energy Assistance and Universal Service Fund): The Home Energy Assistance and Universal Service Fund programs provide assistance to households that meet the Federal Government income guidelines and are unable to pay their heating bill due to hardship or circumstances beyond their control.

Target Service Area: Services for Youth with Barriers to Employment

Provider Name: Jersey Cape Diagnostic, Training, and Opportunity Center

Service Name: Preparing to Reach Employment Potential (PREP)

Location Where Services Are Delivered: Employment Services Network, 1121 Route 47 South, Units 7 & 8, Rio Grande, NJ 08242

Provider Contact Information: (609) 465-4117/jerseycapc.org

Population Served: Income-eligible Cape May County high school seniors who face barriers to employment and are basic skills deficient, disabled, or are pregnant or parenting.

Brief Description of Service: Highly individualized comprehensive educational and employment preparation services and support through a collaborative effort with community partners.

Target Service Area: Employment Services for Youth with Intellectual and Developmental Disabilities

Provider Name: Jersey Cape Diagnostic, Training, and Opportunity Center

Service Name: Pre-Employment Transition Services (Pre-ETS)

Location Where Services Are Delivered: Employment Services Network, 1121 Route 47 South, Units 7 & 8, Rio Grande, NJ 08242

Provider Contact Information: (609) 465-4117/jerseycapc.org

Population Served: Youth ages 14 to 21 who are currently enrolled in school and are receiving services through an IEP or 504 plan.

Brief Description of Service: Trained counselors empower youth with disabilities to achieve their highest employment potential. Services include job exploration counseling, work-based learning experiences both in-school and out-of-school, counseling for enrollment in postsecondary education, workplace readiness training to develop social skills and independent living, and instruction in self-advocacy.

Help Lines

Perform Care: 1-877-652-7624

Serves as the single point of entry for all children, adolescents and young adults (up to age 21) who are in need of behavioral health, developmental and intellectual disability, or substance use treatment services. PerformCare is focused on prevention and early intervention by connecting a young person with the care they need in the most appropriate setting. Available 24/7

988 Suicide and Crisis Lifeline: “988” is the three-digit, nationwide phone number to connect directly to the 988 Suicide and Crisis Lifeline. By calling or texting **988**, you’ll connect with mental health professionals with the 988 Suicide and Crisis Lifeline.

2nd Floor Youth Helpline: 1-888-222-2228 (Call or Text)

Confidential and Anonymous Helpline for NJ Youth and Young Adults. Available to youth and young adults to help find solutions to the problems they face. Helpline is available 24/7 - 365 days a year.

NJ Addictions Access Center helpline: 1-844-276-2777

For assistance and referral to treatment. Available 24/7.

NJ Connect for Recovery: 855-652-3737

Speak to trained family or peer specialist who can provide supportive counseling and quick access to treatment. Weekdays 8 am to 10 pm, and on Saturday and Sunday 5 pm to 10 pm, messages left during off hours returned the next business day.

NJ Mental Health Cares: 866-202-4375

Help Line staff offers telephone counseling, information and referral and assistance in helping to get the behavioral health services needed by you or a loved one. Live service is provided from 8 a.m. to 8 p.m., Monday thru Friday; other times callers may leave a message for a return call the following business day.

NJ Mom to Mom: 1-877-914-6662

A peer-support helpline for mothers of children with special needs in NJ directed by Rutgers University. Peer counselors are parents of children — of all ages — with special needs.

NJ Vet 2 Vet: 1-866-838-7654

To provide 24-hour support to New Jersey National Guard members, active military personnel, veterans, their families, and caregivers, statewide about any challenge, opportunity, or life event.

Council on Compulsive Gambling of NJ: 800-GAMBLER

Provides information, education and referral services for people affected by a gambling problem. The Council’s mission is to educate the public to the fact that gambling is a treatable illness. Hotline is free and confidential.. Available 24/7

NJ 211

Information and referral system for an array of services. NJ 211 provides live assistance 24/7. Services are free, confidential and multilingual. By phone (dial 2-1-1).